## Instructions for influenza vaccination

- Please bring your personal identification and health card.
- It is not advisable to come on an empty stomach.

In case you are unable to make it to your scheduled appointment, please notify us via email at info@primanova.hr or message to mobile phone: 095 307 6392 (SMS or WhatsApp) to free up the slot for other clients. You can then reserve a new appointment.

Contraindications:

- Acute febrile illness
- Allergy to vaccine ingredients
- Severe side effects after previous vaccination

## Side Effects:

The most common vaccination side effects are mild and typically subside within 24-48 hours.

- Swelling and redness at the injection site
- Elevated body temperature
- Muscle aches
- Headache