

## **Intructions for preforming initial (first time) medical examination for Class 1 and 3 of aviation personnel**

At the initial examination for class 1 and 3 it is necessary to bring:

- Valid ID card or Passport
- Statement from the family doctor (GP) about your medical history
- If you have been treated for a chronic illness (asthma, leukemia, Crohn's disease, a psychiatric disorder, etc.) or have been treated by a speech therapist for a speech disorder or a psychologist for an emotional development or behavior disorder, be sure to take all relevant medical documentation with you. If you have had vision problems or an eye disease, bring the findings of the ophthalmologist who preforms regular check-ups for you.
- If you wear glasses of contact lenses, take them with you for an examination as the ophthalmologist will check of they are satisfactory.
- If you preformed chest X-ray up to 6 months ago, take the image and the results with you.

### **Important !**

**Get a good night's sleep before the examination. Your latest light meal should be at 7 PM because of blood tests (most importantly Lipidogram).**